



Today's date: \_\_\_\_\_

Name: \_\_\_\_\_ Birth date (M/D/Y): \_\_\_\_\_ Age: \_\_\_\_\_

P.O. Box: \_\_\_\_\_ Home phone: \_\_\_\_\_

Address: \_\_\_\_\_ Cell phone: \_\_\_\_\_

City: \_\_\_\_\_ E-mail address: \_\_\_\_\_

Province: \_\_\_\_\_ School: \_\_\_\_\_

Postal Code: \_\_\_\_\_ Care Card#: \_\_\_\_\_

Physician: \_\_\_\_\_

Parents: \_\_\_\_\_

\_\_\_\_\_

Siblings (name and age):

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Who may we thank for referring you to our office? \_\_\_\_\_

**Comprehensive Health Profile**

Our focus is on helping people to function optimally so that they are dynamic, healthier, better able to adapt to the stresses of everyday life, and experiencing more of the life that they want to live. This form gives us diverse insight into your health history and wellness goals.

1. What is your primary reason and/or health concern for visiting our office? \_\_\_\_\_

\_\_\_\_\_

2. Are there secondary or other reasons/concerns for your visit? \_\_\_\_\_

\_\_\_\_\_

3. Are there any other health conditions that you are experiencing? \_\_\_\_\_

\_\_\_\_\_

4. Is this an ICBC case? \_\_\_\_\_

Please answer the rest of the questions with respect to your primary reason/concern.  
If your answer to a question is "Yes" please explain your answer.

5. When did this begin? \_\_\_\_\_
6. Have you experienced anything like this before? \_\_\_\_\_
7. Has someone in your family experienced anything like this before? \_\_\_\_\_
8. Since it started, is it better, worse, or the same? \_\_\_\_\_
9. What makes it better? \_\_\_\_\_
10. What makes it worse? \_\_\_\_\_
11. Does it travel through your body? \_\_\_\_\_
12. Does it show up at another part of the body? \_\_\_\_\_
13. Have you had advice or treatment for it? \_\_\_\_\_
14. Did it seem to help at the time? \_\_\_\_\_
15. Since receiving treatment, has it changed? \_\_\_\_\_

16. Please refer to this scale when circling how your reason/concern affects the following aspects of your life: **0**-does Not affect it    **1**-slightly affects it    **2**-moderately affects it    **3**-drastically affects it

School	0 1 2 3	Sitting	0 1 2 3	Eating	0 1 2 3
Recreation/Play	0 1 2 3	Walking	0 1 2 3	Rest/Sleep	0 1 2 3

17. Please refer to this scale when circling your awareness of your reason/concern throughout a day:

<b>0</b> -not aware	<b>1</b> -it comes and goes	<b>2</b> -always aware	<b>3</b> -drastically aware
the morning	0 1 2 3	the evening	0 1 2 3
the day	0 1 2 3	sleep	0 1 2 3

18. Is there any activity/routine during which you totally, or almost totally, forget about this reason/concern? \_\_\_\_\_
19. What have you modified (activities, movements, habits, lifestyle) since this began and how? \_\_\_\_\_
20. Describe how you sleep:
- a. Is it easy to fall asleep (how long)? \_\_\_\_\_

- b. Do you sleep deeply? \_\_\_\_\_
- c. What position(s) do you sleep in? \_\_\_\_\_
- d. How long do you sleep for? \_\_\_\_\_

21. If this situation were to go away tomorrow, what would be different in your life? \_\_\_\_\_

\_\_\_\_\_

22. What do you do for exercise? \_\_\_\_\_

23. Do you do other activities or hobbies that interest you? \_\_\_\_\_

24. When you are worried or upset, how do you deal with it? \_\_\_\_\_

\_\_\_\_\_

25. Are you aware of any prolonged, awkward, or repetitive postures/movements that you do? \_\_\_\_\_

\_\_\_\_\_

26. Have you broken any bones? \_\_\_\_\_

27. Have you significantly strained/sprained a part of your body? \_\_\_\_\_

28. Have you ever injured your spine (neck, head, back, pelvis, hips)? \_\_\_\_\_

29. Have you ever had a concussion or been knocked unconscious? \_\_\_\_\_

30. Have you had any other significant accidents or injuries, vehicular or otherwise? \_\_\_\_\_

31. Have you had any imagery: (Please list the part of the body and when they were taken)

- a. X-rays \_\_\_\_\_
- b. CT's \_\_\_\_\_
- c. MRI's \_\_\_\_\_
- d. Any significant findings? \_\_\_\_\_
- e. Do you have the reports/films/images? \_\_\_\_\_

32. Have you had any surgeries? (Please list the part of the body and when it was performed) \_\_\_\_\_

\_\_\_\_\_

33. Have you been hospitalised? \_\_\_\_\_

34. Please list any nutritional supplements (prescription or non-prescription) you have taken in last 60 days, how long you have taken them for, and the reason for taking them: \_\_\_\_\_

\_\_\_\_\_

35. Please list any medications (prescription or non-prescription) you have taken in last 60 days, how long you have taken them for, and the reason for taking them: \_\_\_\_\_

\_\_\_\_\_

36. Please specify the average number per day or per week of the following products (use /d or /wk):

Fruit juice \_\_\_\_\_ Soda \_\_\_\_\_ Milk \_\_\_\_\_ Refined sugar (candies/pastries) \_\_\_\_\_

37. Other than previously mentioned, have you consulted a physician or other healthcare provider in the past three months? \_\_\_\_\_

38. Have you been to a chiropractor before? \_\_\_\_\_

39. Have you had Network Chiropractic Care before? \_\_\_\_\_

40. Is there anything else you would like to mention that has not been addressed in these forms? \_\_\_\_\_

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